



LSI - OC Newsletter

February 2012



Tips for Dating

1. Keep Yourself Occupied

Keep yourself busy before your date. Thinking about your date over and over again can complicate the situation and make you goof it all up. Don't wait all day to attend your date, rather see it as something that may work out or maybe not.

2. Be on Time

Being punctual is the greatest tip for people of both sexes. It's real bad manners if you show up late and let your date wait anxiously. It makes you seem rude.

3. Be Yourself

Be yourself while you date. Trying to impress your date is okay, but trying to be someone else is not. You can never really measure up to your partner's ideal and even if you do, you can't manage to do it forever.

4. Accept Compliments with Grace

Men often complain how women can't take a compliment. This is the chance for all you women to prove 'em wrong. If he tells you that you look great in that dress, return his compliment with a simple, "Thank you". Just accept his compliment with grace. It'll show him that you know you look great. He'll appreciate your grace and be impressed with your self-confidence.

5. No Ex-factor

Talking about last boyfriend, fiancé or husband is a strict no-no for women on the first few dates. This is because when a woman talks about her ex, men usually assume that she is still bitter and angry about being dumped. Guys don't like this emotional baggage.

6. Express Your Opinions Honestly

Sharing the same views as your date can be great, but that doesn't mean you have to say 'yes' when you want to say 'no'. Stand firm on issues that are important to you, but don't contradict just to show you are strong. Also, don't argue just to prove you're right. Talk coolly and honestly. You're going on a date, not a debate.

7. Never compare people

Finally, never compare your dates in your mind. Remember, going on a date means you're checking out a person, not a product that you can buy. Each person has their own specialties, so comparing them would be inappropriate. Just give some time to your date and see what type of a person he/she is.

Events This Month

2/4 (Sat) - A Taste of OC. Join teacher Helen as she takes students to a great Chinese Muslim Restaurant here in Fullerton

2/11 - Monster Truck Jam @ Anaheim Stadium



2/14 - Valentine's Day Party



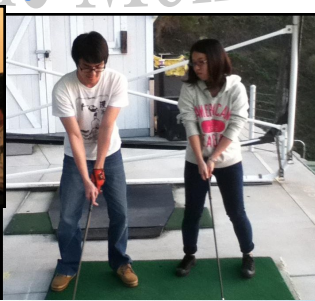
2/20 - NO SCHOOL because it's Presidents Day.



2/23 - Whale Watching in Newport Beach!!



Facebook Fotos of the Month



Three Kinds of Students

In the world of college, there are three kinds of students: those who really enjoy studying, those who are only worried about the minimum grade they need to graduate, and those who just go there to have fun. The first kind of student, who cares about their education, usually finds a method of studying that helps them understand and learn things more easily. They pay attention and they listen to and talk with their teachers. They work hard to solve any questions they have. The second type of student is sometimes absent-minded. They don't do all the homework and they don't go to all the classes. Their only concern is graduation and how that will help them find a good job with a good salary. Finally, the last kind of student just wants to enjoy their lives. Their thinking is kind of juvenile. They must have fun and they would rather do this than study. In conclusion, each student has their own characteristics, and that is what makes them unique.

By Graziella (Former Level 6 student)

Stress Can Cause Health Problems for Students

According to the medical community, stress can cause several physical and mental effects on students. It is now common to find young people in big trouble due to the pressure of exams, papers, and homework. They push themselves to be the best. For example, my classmates are afraid of failing a test, so they study really hard to get good grades. However, these extreme study habits can cause serious health problems. Students also forget to eat lunch sometimes, and in an effort to gain more time to study they don't get enough sleep. All of this can lead to physical problems such as, stomach problems, hair loss, and allergies. The pressure they put on themselves can even lead to mental health problems such as insomnia, depression and suicide. For example, some of my classmates always eat unhealthy food and get really anxious about tests. This has caused serious stomach problems for them. In conclusion, students who experience a lot of stress need to change the way they live and approach their studies. They should learn how to not take their studies too hard.

By Lázara (Former Level 6 student)

A Taste of Vietnam

By Bao (Level 6)

There are two things that remind foreigners of Vietnam: The Vietnam War and Pho. While the war was over 35 years ago, Pho remains a well-known Vietnamese food not only in America but also around the world. Pho is a kind of noodle soup, sometimes with beef and chicken. Since the first Pho restaurant was opened in Hanoi in the 1920s, Pho has become popular around the world. In America, people can find Pho restaurants easily in any area where there is a Vietnamese community. In Southern California, if you love Asian food, you should taste the Pho in Westminster City, Orange County (OC), also known as Little Saigon. There are many Pho restaurants in Little Saigon but I strongly recommend a restaurant called "Pho 79."

Pho 79 is located at 9941 Hazard Avenue, Westminster, OC, at the corner of Bolsa Avenue and Hazard. For over a century Pho has been served in a bowl with a specific cut of white rice noodle in clear beef broth, with slim cuts of beef. Variations feature

tendon, tripe, meatballs, chicken leg, chicken breast or other chicken organs. There are also three bowl sizes: medium, large and extra

large. The extra large is also called the super bowl in Vietnamese. This will help you when you want to order in any pho restaurant in America. Check out a review from a loyal customer of Pho 79 at

www.orangecounty.citysearch.com: "I haven't gone to this Pho 79 for a long time, about 10 years. When I tried it again, it was still so good, no wonder it's still around after all these years. They have various types of pho and other dishes too. I recommend this place for pho. And it's cheap!" You and your friend can have a meal with each other at Pho 79 for around \$17 (including tip) for two extra large bowls.

With many Vietnamese living outside their own country for a lot of different reasons, pho is not only a food, but also part of their memories of Vietnam. Therefore, when a Vietnamese opens a Pho restaurant, the owner also wants to introduce Vietnamese culture to people in America. So when you come to Pho 79, or any Pho restaurant in your



My First California Burger

Everyday people go to a lot of different places, and some of these places might be strange for them because there is a different culture. This was my experience when I first came to the U.S. I will never forget my first day in California. I flew from Brazil to Los Angeles, and I was so excited to see a new place. When I got here everything looked so different and so brilliant. I was starving, so a friend took me to In-n-Out Burger. When I got out of the car I saw a long line of other cars waiting to order at the drive-thru window. There were so many people it looked like a long line of

ants looking for food. I thought the food must be good. The cashier who took my order was very polite, and their system was so fast and efficient that my food was ready in 5 minutes. The hamburger looked so attractive and succulent that my mouth was watering. I took the first

bite and thought I had gone to heaven! It was divine! The combination of tender meat, crisp lettuce, and a soft fresh bun was so delicious that when I went to bed that night I dreamed about In-n-Out Burger. I liked it so much that I think I will go there to eat every week.

